

# HARNESS RACING NSW CONTROL OF RACE DAY MEDICATION INFORMATION

A fundamental principle of Horse Racing is that horses must race free of the pharmacological (or toxicological) effect of drugs or other substances.

To assist in maintaining this principle, it is not permitted to administer any medication to a horse on race day prior to it running in a race [RULE193(3)]

“Medication” means any treatment with drugs or other substances.

As a general principle, it may be assumed that any substance which is capable of achieving a pharmacological effect/ therapeutic effect will be defined a medication under the Rules.

Products that claim to provide pharmacological effects and to be undetectable.

There are numerous products, often herbal or homeopathic preparations, that claim to provide significant pharmacological effects such as a diuretic action, analgesia, anti-inflammatory actions or bronchodilator actions and also claim to be undetectable by laboratory testing.

These type of products fall within the definition of a medication and are not allowed to be administered to a horse on race day prior to a race

## ROUTES OF ADMINISTRATION OF MEDICATION NOT PERMITTED ON RACE DAY

Any substance administered by injection, stomach tube, paste, dose syringe, topical application or by inhalation, amongst any other routes of administration, will be considered medication.

Only normal feeding and supplementation that can be achieved by the horse voluntarily eating feedstuff or drinking can be considered acceptable on the day of racing.



## PHYSICAL THERAPIES THAT SHOULD NOT BE PERFORMED ON RACE DAY

HRNSW consider certain physical and complementary therapies to be treatments which should not be administered on the day of racing.

Physical Treatments which should not be given on race day include, but are not limited to:

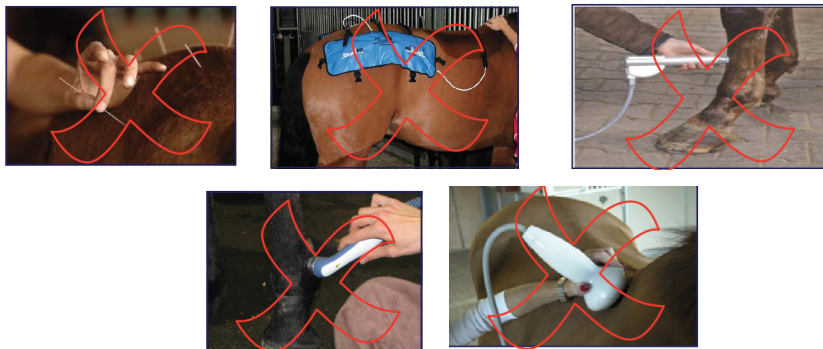
Acupuncture (including laser treatment)

Magnetic Field Therapy and any other form of electrical stimulation

Transcutaneous Electrical Nerve Stimulation (TENS)

Ultrasound

Extra-Corporeal Shock Wave (ESWT) treatment of horses is prohibited for seven (7) clear days prior to racing RULE 213B.



## PERMITTED ON RACE DAY

### APPLICATION OF ICE/COLD WATER TO MUSCULOSKELETAL STRUCTURES

The application of ice or chilled water, whirlpool boots or systems such as “Game Ready”, to musculoskeletal structures on the morning of the race day are permitted but are not permitted on the racecourse prior to a horse running in a race



### TOPICAL APPLICATIONS

While topical applications are considered to be medications, circumstances may arise when a horse may suffer a minor injury, that does not affect its suitability to race but would benefit from the prophylactic application of a topical antibiotic or antiseptic.

In such circumstances, a trainer may apply to the stewards for permission to administer the medication.

### THE APPLICATION OF HOOF OILS

The application of hoof oils is permitted on the day of racing, except if that product contains medications or herbs that claim therapeutic effects such as analgesia or anti-inflammatory actions.



### SHAMPOOS

Routine, non-medicated shampoos are permitted



### VIBRATORY MASSAGE

Vibratory massage systems may be used in the stable on the morning of the race day but are not permitted on the racecourse.

